

# *Rage-Anon*

## *12 Traditions*

- 1. Our common welfare should come first: personal progress for the greatest number depends on unity.**
- 2. For our group purposes there is but one authority a loving God as expressed in our group conscience. Our leaders are but trusted servants -- they do not govern.**
- 3. The only requirements for membership are that there be a problem of rageaholism in a relative or friend. The relatives of rageaholics, when gathered together for mutual aid, may call themselves a Rage-Anon Family Group, provided that, as a group, they have no other affiliation.**
- 4. Each group should be autonomous, except in matters affecting other Rage-Anon Family Groups, or Rage-Anon. as a whole.**
- 5. Each Rage-Anon Family Group has but one purpose: to help families of rageaholics. We do this by practicing the Twelve Steps of Rage-Anon ourselves, by encouraging and understanding our addicted relatives, and by welcoming and giving comfort to families of rageaholics.**
- 6. Our Family groups ought never endorse, finance or lend our name to any outside enterprise, least problems of money, property and prestige divert us from our primary spiritual aim; but although a separate entity, we should always cooperate with Rageaholics Anonymous.**
- 7. Every group ought to be fully self-supporting, declining outside contributions.**
- 8. Rage-Anon Twelfth Step work should remain forever non-professional, but our service centers may employ special workers.**
- 9. Our groups, as such ought never be organized, but we may create service boards or committees directly responsible to those they serve.**
- 10. The Rage-Anon Family Groups have no opinion on outside issues; hence our name ought never be drawn into public controversy.**
- 11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films. We need guard with special care the anonymity of all Rage-Anon members.**
- 12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.**